



# Lansman's Day Camp July Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled American Cheese, French Fries, Fresh Fruit	4 <b>Happy 4<sup>th</sup> of July!</b> <b>No Camp!</b>	5 Grilled Beef Burger on a Bun, French Fries, Assorted Cookies	6 Hot Dog on a Bun, Chips, Fresh Fruit	7 Chicken Tenders, French Fries, Fresh Fruit
10 Cheese Ravioli, Tomato Sauce, Salad, Fresh Fruit	11 Pizza, Cut Vegetables, Assorted Cookies	12 Spaghetti n' Meatballs, Sauce (on the side), Salad, Assorted Cookies	13 Hot Dog on a Bun, Chips, Fresh Fruit	14 Chicken Tenders, French Fries, Fresh Fruit
17 Grilled American Cheese, French Fries, Fresh Fruit	18 Pizza, Cut Vegetables, Assorted Cookies	19 Grilled Beef Burger on a Bun, French Fries, Assorted Cookies	20 Hot Dog on a Bun, Chips, Fresh Fruit	21 Chicken Tenders, French Fries, Fresh Fruit
24 Cheese Ravioli, Tomato Sauce, Salad, Fresh Fruit	25 Pizza, Cut Vegetables, Assorted Cookies	26 Spaghetti n' Meatballs, Sauce (on the side), Salad, Assorted Cookies	27 Hot Dog on a Bun, Chips, Fresh Fruit	28 Chicken Tenders, French Fries, Fresh Fruit

Our lunches include an entrée with a side, dessert, and choice of beverage.

Weekly Lunch ..... \$30

### Beverage Choices Available

Ice Water, Lemonade, Apple Juice, Orange Juice (juice options available on a rotating basis)

### Daily Lunch Alternatives Available

Grilled American Cheese  
Peanut Butter & Jelly Sandwich  
Pasta w/ Butter or Sauce  
Pancakes w/ Syrup  
Chicken Tenders

Salad or a vegetable are available daily as a substitute to french fries.

Vegetables will vary on a daily basis. Fresh fruit will include watermelon, apples, grapes, strawberries, and more depending on what is fresh and locally available.

Our camp lunches are prepared fresh daily. If your child has any allergies or special needs (gluten free, dairy free, vegetarian, etc.) please let us know and we will do our best to accommodate.

The Lansman's Café opens at 8am for breakfast with your campers before camp begins (or without them after camp starts), coffee to-go, and much more!

If you have any questions, please feel free to call our camp caterer, Joe, at (845) 798-3712.





# Lansman's Day Camp August Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
31 Grilled American Cheese, French Fries, Fresh Fruit	1 Pizza, Cut Vegetables, Assorted Cookies	2 Grilled Beef Burger on a Bun, French Fries, Assorted Cookies	3 Hot Dog on a Bun, Chips, Fresh Fruit	4 Chicken Tenders, French Fries, Fresh Fruit
7 Cheese Ravioli, Tomato Sauce, Salad, Fresh Fruit	8 Pizza, Cut Vegetables, Assorted Cookies	9 Spaghetti n' Meatballs, Sauce (on the side), Salad, Assorted Cookies	10 Hot Dog on a Bun, Chips, Fresh Fruit	11 Chicken Tenders, French Fries, Fresh Fruit
14 Grilled American Cheese, French Fries, Fresh Fruit	15 Pizza, Cut Vegetables, Assorted Cookies	16 Grilled Beef Burger on a Bun, French Fries, Assorted Cookies	17 Hot Dog on a Bun, Chips, Fresh Fruit	18 Chicken Tenders, French Fries, Fresh Fruit
21 Cheese Ravioli, Tomato Sauce, Salad, Fresh Fruit	22 Pizza, Cut Vegetables, Assorted Cookies	23 Spaghetti n' Meatballs, Sauce (on the side), Salad, Assorted Cookies	24 Hot Dog on a Bun, Chips, Fresh Fruit	25 <i>Last Day of Camp!</i> Chicken Tenders, French Fries, Fresh Fruit

Our lunches include an entrée with fresh cut fruit and choice of beverage.

Weekly Lunch ..... \$30

### Beverage Choices Available

Ice Water, Apple Juice, Lemonade, Orange Juice (juice options available on a rotating basis)

### Daily Lunch Alternatives Available

Grilled American Cheese  
Peanut Butter & Jelly Sandwich  
Pasta w/ Butter or Sauce  
Pancakes w/ Syrup  
Chicken Tenders

Salad or a vegetable are available daily as a substitute to french fries

Vegetables will vary on a daily basis. Fresh fruit will include watermelon, apples, grapes, strawberries, and more depending on what is fresh and locally available.

Our camp lunches are prepared fresh daily. If your child has any allergies or special needs (gluten free, dairy free, vegetarian, etc.) please let us know and we will do our best to accommodate.

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